

2015 Calendar of Events in New York City

Go Red For Women Luncheon • March 3, 2015 | Hilton Midtown | <u>nycgored.ahaevents.org</u> A powerful event that brings together female leaders from throughout the community to help fight against heart disease, heightening awareness of the issue and empowering leaders to educate others about the movement.

National Walking Day • April 1, 2015 | Region-wide | heart.org/NationalWalkingDay

On this day, Americans are encouraged to lace up their sneakers and take at least 30 minutes out of their day to get up and walk to raise awareness of the importance of physical activity and to get your family, friends and co-workers started on a healthier way of life.

Health Sciences Innovation & Investment • April 22, 2015 | Apella | healthsciencesforum.com

A forum bringing together some of the great area minds from industry, investment and academia for a world-class collaborative discussion, fostering relationships between key parties and driving much needed resources towards innovation in cardiovascular research and technology.

Go Red For Women Symposium • May 21, 2015 | TBD

Attendees will be provided with lifesaving information about heart disease and stroke and steps they may take to help reduce their risk factors. Plenary sessions, workshops and printed materials will be designed to educate, inspire and empower participants to make personal lifestyle changes for improved heart health.

Brooklyn Go Red For Women Breakfast • May 8, 2015 | New York Marriott at the Brooklyn Bridge At the 2015 American Heart Association Inaugural Brooklyn Go Red for Women Breakfast, as we hear and celebrate stories of survival, remember those mothers, daughters, sisters and friends who have been and are affected by heart disease and stroke and make it your mission to share in the commitment to fight the No. 1 killer of women.

Wall Street Run & Heart Walk • May 28, 2015 | Brookfield Place, NYC | <u>heartwalknyc.org</u> A 3-mile walk/run designed to engage the New York City corporate and medical communities in an activity that promotes heart health through physical activity, friendly competition, volunteerism, fundraising and fun. The event brings together over 150 of the top companies in New York City and about 12,000 participants.

New York City Heart Ball • June 16, 2015 | Pier 60 | nycheartball.ahaevents.org

Attended by more than 800 of New York's most prominent citizens, is the annual black-tie gala that celebrates our work and mission; our donors and volunteers; and — most importantly — the lives saved and improved because of everyone's effort.